

# Sikkim: Disease Burden Profile, 1990 to 2016

## 1990 life expectancy

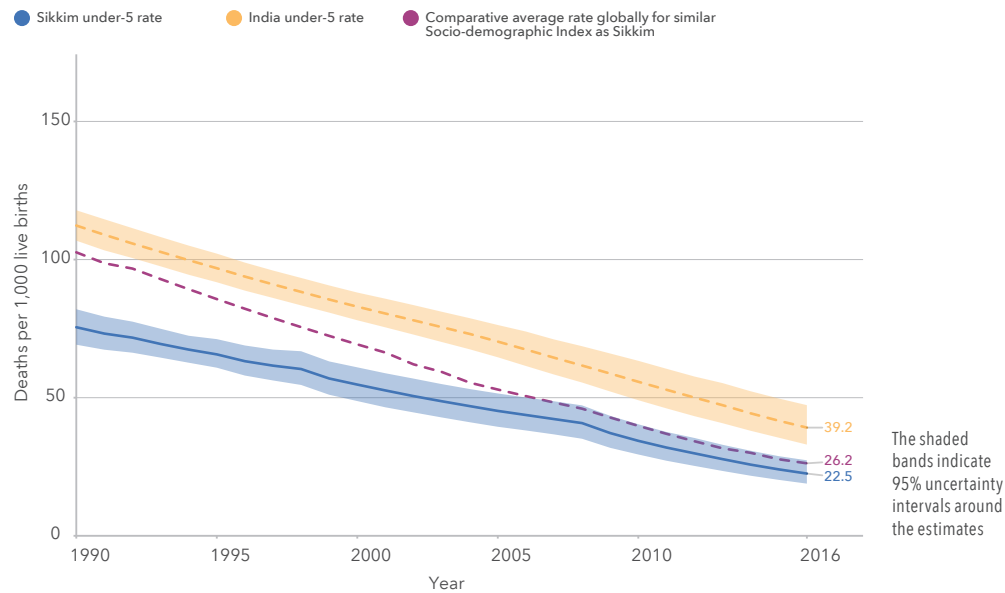
Females: 63.5 years Males: 61.9 years

## 2016 life expectancy

Females: 75.8 years Males: 70.5 years

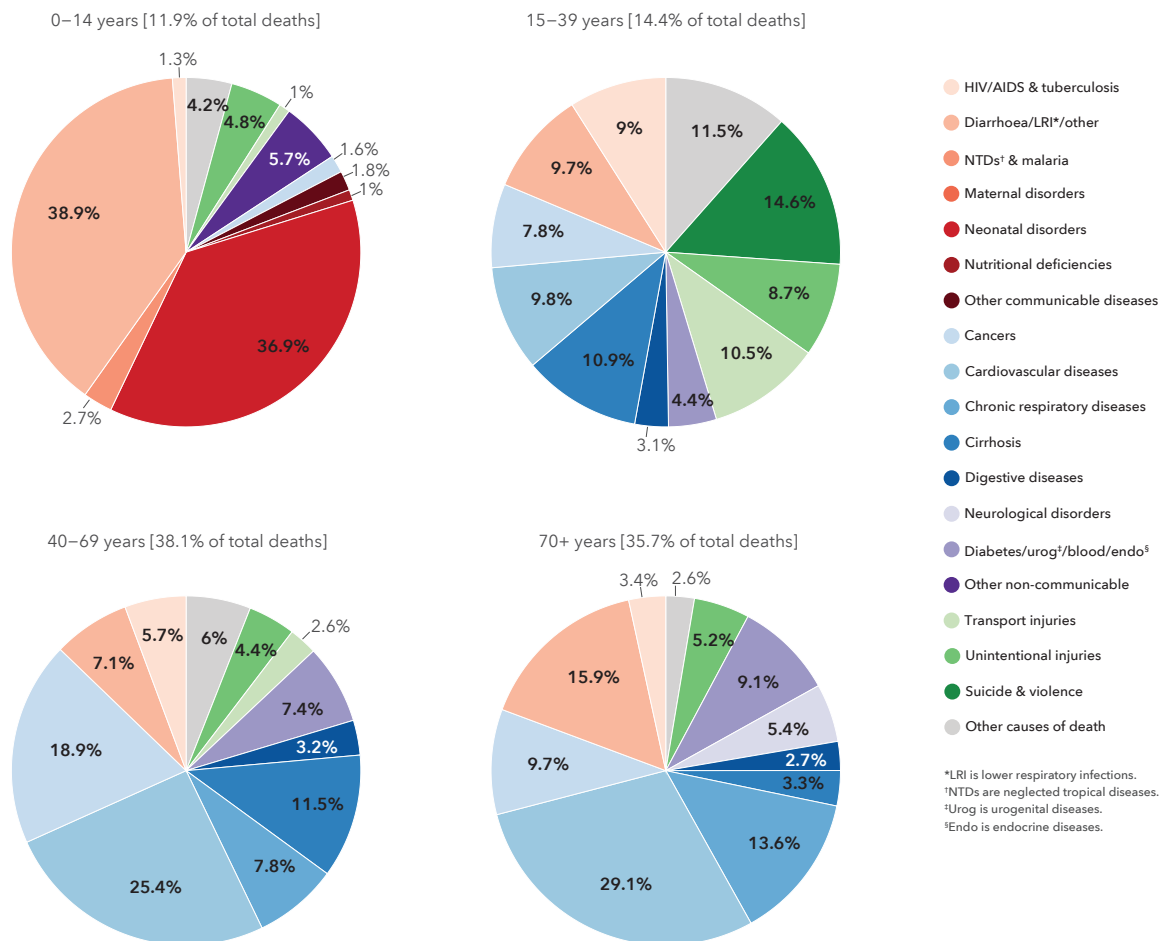
## How much did the under-5 mortality rate change from 1990 to 2016?

Under-5 mortality rate, both sexes combined, 1990-2016



## What caused the most deaths in different age groups in 2016?

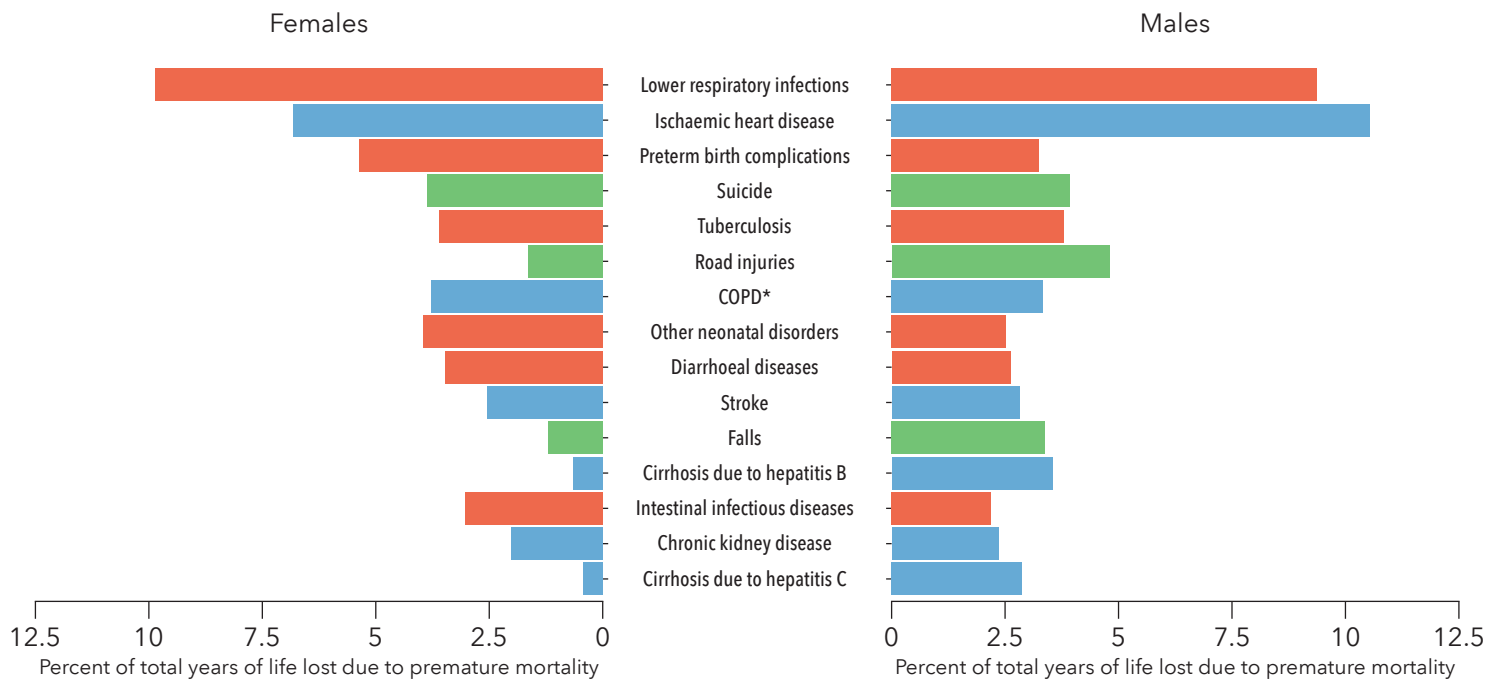
Percent contribution of top 10 causes of death by age group, both sexes, 2016



**Proportion of total disease burden from:**  
 Premature death: 60.2% | Disability or morbidity: 39.8%

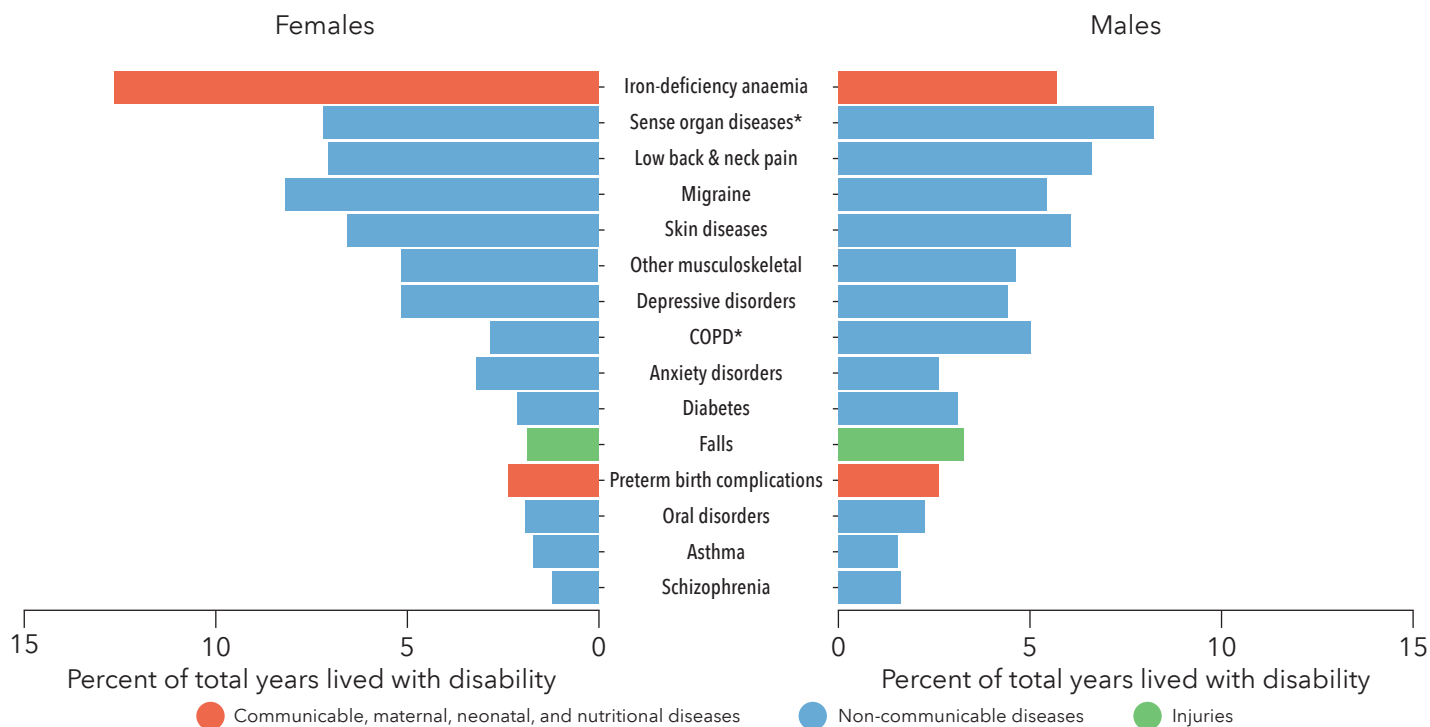
**What caused the most years of life lost, by sex, in 2016?**

Top 15 causes of YLLs, ranked by percent for both sexes combined, 2016



**What caused the most years lived with disability, by sex, in 2016?**

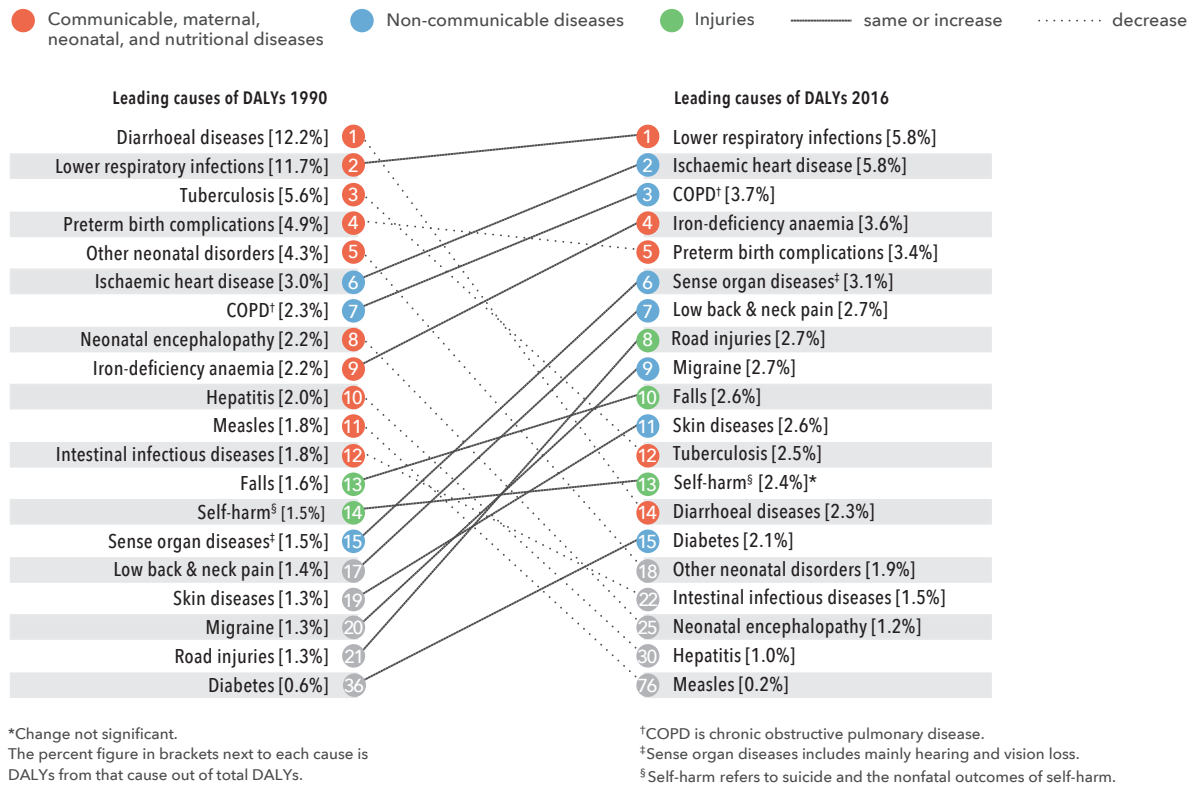
Top 15 causes of YLDs, ranked by percent for both sexes combined, 2016



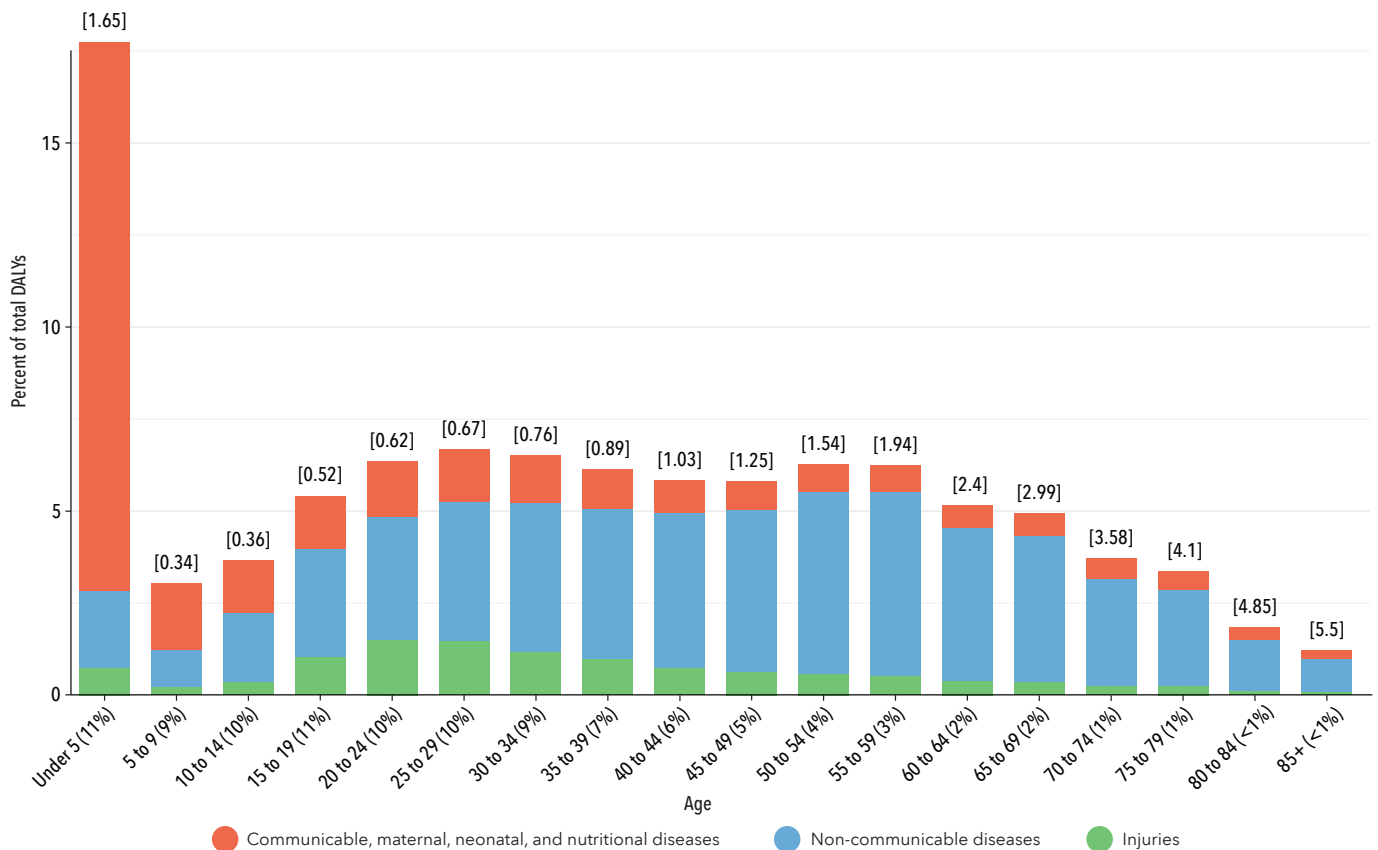
\*COPD is chronic obstructive pulmonary disease.  
 \*Sense organ diseases includes mainly hearing and vision loss.

# Proportion of total disease burden from: CMNNDs: 30.9% | NCDs: 57.5% | Injuries: 11.6%

How have the leading causes of death and disability combined changed from 1990 to 2016?  
Change in top 15 causes of DALYs, both sexes, ranked by number of DALYs, 1990-2016

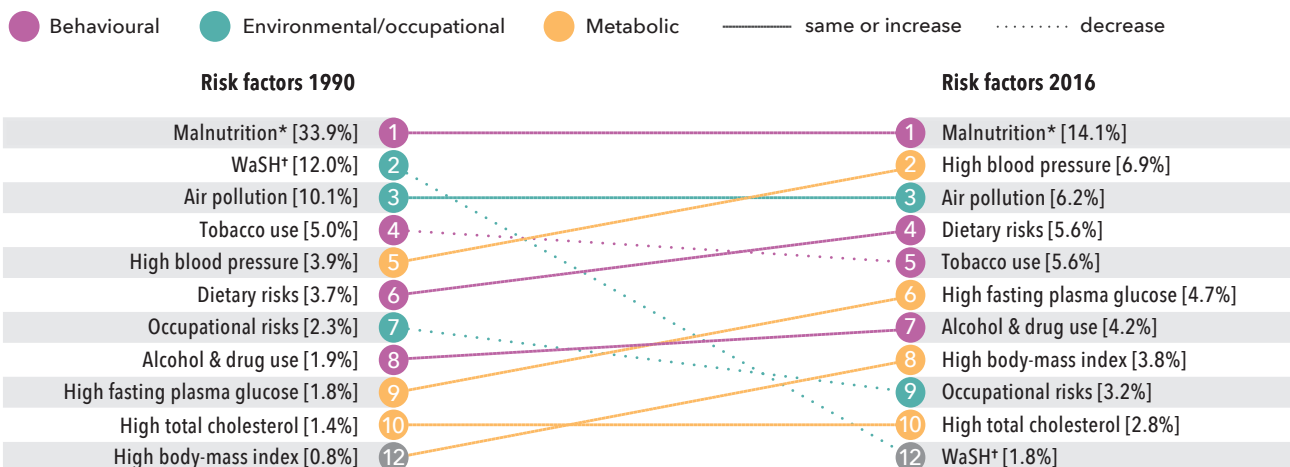


## What caused the most death and disability combined across age groups in 2016? Percent of DALYs by age group, both sexes, 2016



## What risk factors are driving the most death and disability combined?

Contribution of top 10 risks to DALYs number, both sexes, ranked by number of DALYs, 1990-2016

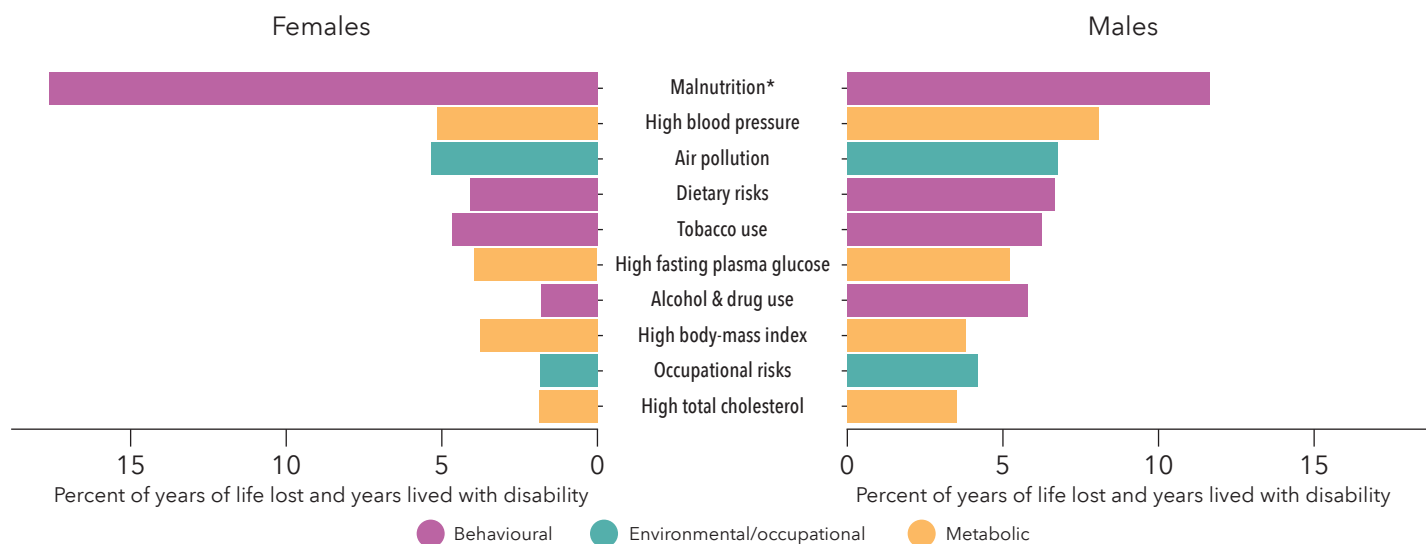


The percent figure in bracket next to each risk is DALYs from that risk out of total DALYs.

\*Malnutrition is child and maternal malnutrition.  
\*WaSH is unsafe water, sanitation, and handwashing.

## How did the risk factors differ by sex in 2016?

Percent of total DALYs attributable to top 10 risks, ranked by percent for both sexes combined, 2016



\*Malnutrition is child and maternal malnutrition.