



INDIAN COUNCIL OF MEDICAL RESEARCH

Department of Health Research – Ministry of Health & Family Welfare
Government of India

Press Release

Mission Delhi Extended to 78 sq km around AIIMS

Will now cater to a population of 20-25 Lakhs

30th December 2019, New Delhi

Mission Delhi is an ICMR-AIIMS initiative to provide care to STEMI Heart Attack patients, launched 25th April 2019 at AIIMS New Delhi as pilot project and covering about 30 sq kms. As a Pilot Project Mission Delhi has received 44 cases till date. The Project has now been extended to 78 sq. Kms around AIIMS New Delhi and will now cater to a population of **20-25 lakhs** in the National capital.

STEMI Heart attack is an acute, high risk, time sensitive life threatening disease. The management of STEMI heart attack patient requires treatment to be started within the golden hour (90 minutes) of the onset of symptoms and providing clot buster therapy to patient within 30 minutes of reaching the hospital. Delays in reaching hospital and initiation of clot buster therapy are the major causes of deaths in STEMI Heart Attack patients.

On receiving a call at MISSION Delhi's Toll – Free Emergency Helpline numbers (1800111044 and 14430), the mobile medical nurse team is dispatched immediately for examining the patient, providing necessary medication/CPR, transmitting ECG to consultant at AIIMS.

“With bike-ambulances and trained nurses, Mission Delhi focuses on the importance to reach with medical help much faster, timely response and doorstep care saving the heart in time, given the high-density traffic conditions in the city where the movement of four-wheeler ambulances becomes difficult.”

Feedback from patients and relatives

1. I want to share my experience on Mission Delhi.... Mission Delhi is an amazing effort by the AIIMS for providing emergency services in shortest time where a regular ambulance would take longer. Sometimes it's those early minutes during a cardiac episode that can decide the outcome and timely emergency care can make all the difference. 2 months ago, my cousin started feeling unwell; her symptoms were suggestive of some cardiac abnormality. Since I was about 10 km away, I asked her domestic help to call the Mission Delhi helpline number immediately. The person on the other side was very prompt in taking down the address and I glad to share that within 10 minutes their personnel were there for emergency care. When I reached there, she was stable. And I was connected to a cardiac on phone immediately who was apprised by the Mission Delhi staff. The doctor guided me well on the various tests that were needed and also for the follow up. I have to add that this is really very helpful service that I have seen and I recommend that everyone should save the Mission Delhi number on their and their old aged parents phones -Dr Gandhi from green park

2. Mission Delhi is a very good initiative. It is a much-needed service to avail the Golden Hour in Heart Patients. I have had the experience of availing this service for my elderly patients thrice at our centre. They are very prompt, polite and well equipped to deal the emergency. I wish they extend their services beyond 5 km.

Wish you all the best and God Bless you- Mrs. Chawla from East kailash

3. The service is amazing and response was quick and effective.

I think the government should invest more into this. I really want to thank the team for helping people out so much. If I can contribute in anyway please let me know- Mr Singh from Yusuf Sarai Market.



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