Lecture on “Yoga and Diabetes” by Dr S.V. Madhu

On account of International yoga day on 21.6.16, a lecture was delivered on “Yoga and Diabetes” by Dr S.V. Madhu, Prof and Head, centre for Diabetes, Endocrinology and metabolism, UCMS-GTB Hospital in ICMR Headquarters, New Delhi. On this occasion, Dr Soumya Swaminathan, Secretary DHR and DG ICMR, emphasized the significance of Yoga not only in Diabetes but other Non-communicable diseases also. She pointed out the need of further research on impact of Yoga on lifestyle related diseases. The lecture was well attended by scientists and staff of ICMR headquarters and it was highly appreciated.