







of India

SPECIAL EDITION ON PAEDIATRIC AND EXTRAPULMONARY TUBERCULOSIS

PARTNER



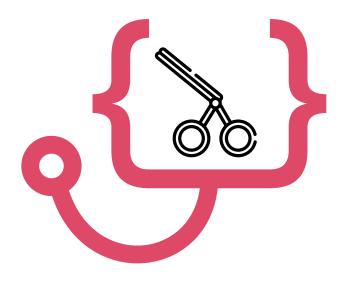
Central TB Division Ministry of Health and Family Welfare Government of India

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# STANDARD TREATMENT WORKFLOWS of India

Special Edition on Paediatric and Extrapulmonary Tuberculosis





These STWs have been prepared by national experts of India with feasibility considerations for various levels of healthcare system in the country. These broad guidelines are advisory, and are based on expert opinions and available scientific evidence. There may be variations in the management of an individual patient based on his/her specific condition, as decided by the treating physician. There will be no indemnity for direct or indirect consequences. Kindly visit our web portal (stw.icmr.org.in) for more information. © Indian Council of Medical Research and Department of Health Research, Ministry of Health & Family Welfare, Government of India.

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- SPECIALITIES COVERED IN THIS EDITION

#### **Paediatric Tuberculosis**

Paediatric Abdominal Tuberculosis

Paediatric Intrathoracic Tuberculosis

Paediatric Lymph node Tuberculosis

Paediatric Osteoarticular Tuberculosis

Paediatric Tubercular Meningitis





#### INTRODUCTION

#### GOAL

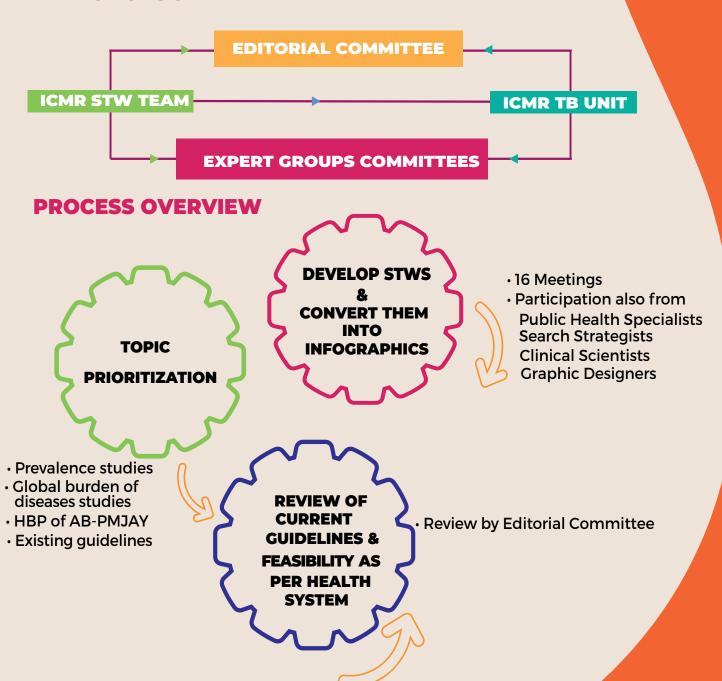
To empower the primary, secondary and tertiary care physicians/surgeons of all specialties towards achieving the goal of TB elimination by increasing detection of Paediatric TB and Extrapulmonary TB with disease management protocols and pre-defined referral mechanisms.

# icms INDIAN COUNCIL OF MEDICAL REPEARCH Berrier the ratios size of the

#### **OBJECTIVES**

- To formulate comprehensive algorithms for detection and management of Paediatric and Extrapulmonary TB at primary, secondary and tertiary level health care system
- To improve implementation of the National TB Elimination Programme guide lines by doctors working in peripheral health care and also guide the National Programme to put resources optimally for the management of these conditions

#### **METHODOLOGY**





# Paediatric Tuberculosis





#### Standard Treatment Workflow (STW) for the Management of

#### PAEDIATRIC ABDOMINAL TUBERCULOSIS

#### WHEN TO SUSPECT?

- One or more of following
  - > Recurrent/chronic abdominal pain in presence of red flag signs
  - Abdominal distension/mass
  - Altered bowel habits
- Constitutional symptoms like Presence of Fever >2 weeks, Anorexia, Unexplained weight loss or no weight gain in last 3 months despite adequate nutrition may be present
- · History of contact with TB patient may also be present



## ICD-10-A18.31

#### **PERITONEAL TB**

CLINICAL FEATURES SPECIFIC TO TYPE OF ABDOMINAL TB

- Abdominal pain, distension
- Fever
- Weight loss

#### **NODAL TB**

- Pain abdomen
- Fever
- Palpable abdominal lump

#### **INTESTINAL TB**

- Recurrent intestinal colic
- Altered bowel habits
- Chronic diarrhoea
- Partial/complete intestinal obstruction
- Weight loss, anorexia
- Palpable abdominal lump
- Lower gastrointestinal bleeding

#### VISCERAL TB (LIVER, **SPLEEN, PANCREAS)**

- Abdominal pain
- Fever
- Jaundice
- Weight loss
- Anorexia
- Hepatomegaly Splenomegaly
- Hepatic abscess
- Palpable
- abdominal lump Abnormal LFTs

#### **EXAMINATION FINDINGS**

- Anthropometry
- General physical & systemic examination
- Look for peripheral LAP, ascites, hepatosplenomegaly, doughy feel of abdomen, palpable abdominal lump, visible peristalsis or a moving mass - "gola" formation due to partially obstructed dilated bowel loop

#### **RED FLAGS**

- Pain abdomen waking child from sleep
- Chronic, severe, or nocturnal diarrhea
- Presence of constitutional symptoms like fever, anorexia, weight loss, etc.

Localized distension or mass

#### **INVESTIGATIONS**

#### ESSENTIAL

Ultrasound abdomen

#### **SUGGESTIVE FINDINGS**

- Abdominal LN: measuring >15 mm in short axis, conglomerate and/or central necrosis
- Omental/mesenteric thickening >15 mm with increased echogenicity

• sputum/GA/IS (If CXR abnormal) for NAAT, TB culture

Ascitic fluid (If present) for cytology, protein & albumin

Peripheral LN-FNA (If size >2 cm) for cytology, NAAT, TB

 Ileocaecal wall thickening

· Chest X Ray

#### **NON SPECIFIC FINDINGS**

- Intraabdominal fluid (free or loculated) or Inter-loop ascites
- Ascitic fluid with multiple septations
- Abdominal LAP with SAD <15 mm in absence of red flag signs

#### **Ascites**

#### If exudative ascites, ascitic fluid for NAAT, TB culture

No role of ADA

#### **Enlarged Abdominal mass**

#### Desirable

**Essential** 

 USG guided Abdominal mass-FNA for cytology, NAAT, TB culture

#### **Optional**

 USG/CT guided core biopsy of LN for histology, NAAT, TB culture

#### **Intestinal involvement**

#### Desirable

- CECT Abdomen/CT enterography
- USG guided Abdominal Mass -FNA for cytology, NAAT, culture

#### **Optional**

- Ileocolonoscopy, tissue biopsy (HPE, NAAT)
- Laparoscopy, tissue biopsy for HPE, NAAT

**USG** normal

Evaluate for other causes/

Refer to higher centre

Ileocecal TB\*

#### DIAGNOSTIC ALGORITHM

## If abdominal TB suspected

Look for peripheral nodes, get CXR and Abdominal USG

**CXR** abnormal Sputum/GA/IS for NAAT/TB culture **Positive** 

culture/Cytopathology Positive Negative\* Negative\*

**USG** suggestive of TB

Peripheral nodes +

FNA for NAAT/TB

Start treatment

**Ascites** 

abdominal mass Ascitic fluid aspiration -Cytology, protein, sugar

FNA for NAAT/TB

No peripheral nodes CXR Normal

If Exudative with lymphocytic predominance,

culture/Cytopathology where feasible

Lymphadenopathy or

CECT Abdomen/CT enterography#

WHEN TO REFER?

Diagnosis is uncertain &

investigations are

obstruction or bowel

appropriate treatment

Acute intestinal

No response to

perforation

· DR TB

given

additional

required

ascitic fluid for NAAT/TB culture Positive **Positive** 

\*Consider USG guided FNA from abdominal nodes/ refer to higher centre if not available or feasible #Consider CECT Abdomen/CT enterography if Isolated ileocaecal thickening or LN sampling not feasible/Refer to higher centre if not available

Start treatment

Start treatment

#### **TREATMENT**

- Start treatment & follow-up as per NTEP
- ATT for 6 months (2HRZE + 4HRE)
- Pyridoxine supplementation- 10 mg/day
- Steroids- Routinely not recommended (SAIO)
- Supportive treatment- Management of SAM/Malnutrition as per national guidelines
- Surgical treatment:

Start treatment

- Acute intestinal obstruction, Bowel perforation
- > Persistence of obstructive symptoms despite conservative management & ATT
- **DO NOT** start Empirical ATT with isolated:
- > Recurrent/Chronic abdominal pain without red flag signs
- > Chronic diarrhoea without proper evaluation
- Failure to gain weight

#### ATT- Antitubercular treatment

**DR-TB-** Drug Resistant tuberculosis

**CECT- Contrast Enhanced Computed Tomography** CT- Computed Tomography CXR- Chest X-Ray

- E- Ethambutol
- FNA- Fine Needle Aspiration **GA-** Gastric Aspirate
- H- Isoniazid
- **HPE-** Histopathological Examination **IBD-Inflammatory Bowel Disease**

#### MONITORING

MANAGEMENT

- Assessment of response to treatment:
- > Clinical follow up every month during treatment & after that every 3 months
- > Radiologically by USG At the end of treatment or if worsening or non response to treatment
- Microbiological If worsening or non response to treatment
- Pointers towards DR TB investigation:
- > Non response to treatment or Worsening or deterioration of constitutional symptoms after initial improvement. Rule out Crohn's disease OR Inflammatory Bowel Disease
- Obstructive symptoms may persist or worsen despite treatment with appropriate ATT **Monitor for**
- Adherence to treatment (ATT)
- Adverse drug reactions- ATT induced

#### Oral drug (ATT) intolerance/cannot be

#### ABBREVIATIONS IS- Induced Sputum

- LAP- Lymphadenopathy
- MGIT- Mycobacteria Growth Indicator Tube NAAT- Nucleic Acid Amplification Test
- SAD- Sagittal Abdominal Diameter SAIO- Sub Acute Intestinal Obstruction LN- Lymph Node SAM- Severe Acute Malnutrition
  - USG- Ultrasonography
  - Z- Pyrazinamide

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#### Standard Treatment Workflow (STW) for the Management of PAEDIATRIC INTRATHORACIC TUBERCULOSIS (PULMONARY, PLEURAL, MEDIASTINAL)

ICD-10-A15

Documented, persistent unexplained fever for 2 weeks or more

Unremitting cough for

2 weeks or more



Unexplained documented weight loss of  $\geq$  5% in last 3 months



nutrition **Unexplained loss of** 

appetite

No weight gain

despite adequate



Contact with TB patients in past 2 years

#### **EXAMINATION**

- Temperature, Weight, Mid Arm Circumference (MAC), Lymphadenopathy, cold abscess, discharging sinus
- · Chest examination findings depend upon underlying pathology like consolidation, pleural effusion etc.

#### **INVESTIGATIONS**

#### **Essential**

- · Chest x-ray
- TB suggestive: Hilar/paratracheal lymph nodes, fibrocavitory disease, Miliary pattern
- Non Specific : effusion, consolidation, bronchopneumonia, other shadows etc.
- Sputum/Induced Sputum/Gastric Lavage/ Aspirate /pleural fluid for NAAT
- Smear examination (if NAAT unavailable)
- · If facilities exist, send aliquot of sample for culture, if NAAT negative for MTB
- Pleural tap": Gross, Cytology, Biochemistry, NAAT, MGIT/LJ, ZN if NAAT not available \*\*If can't be done at primary level then refer



#### Desirable

Chest x-ray of family members

#### **Optional** (to be done in institutions)

- · CECT scan
- Pleural Biopsy
- · Image guided (USG/CT) mediastinal LN biopsy
- **Bronchoscopy & BAL**

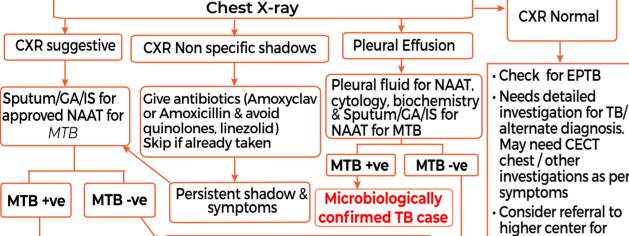
#### DO NOT DO

- TST/Mantoux test
- Overemphasized, supportive
- Not to diagnose TB or to start
- ATT on basis of +ve TST ONLY Serological tests-IGRA
- (Quantiferon/Quantiferon-Gold etc)
- Pleural fluid ADA

#### **DIAGNOSTIC ALGORITHM**

#### ALGORITHM FOR PEDIATRIC INTRATHORACIC TB AMONG CHILDREN WITH NO RISK FACTORS FOR DRUG RESISTANCE

- Persistent Fever ≥2weeks, without a known cause and/or
- Unremitting cough for ≥2weeks and/or
- · Weight loss ≥5%; or no weight gain in past 3 months despite adequate nutrition; or failure of nutritional rehabilitation in babies with SAM
- With or without contact with patient with Pulmonary TB in past 2 years



- **Microbiologically** confirmed TB case
- Rif resistance Rif resistance -ve +ve follow Give 1st line ATT DRTB pathway
- test LN aspirate for MTB Repeat NAAT with good sample/ alternative sample (BAL/aspirate) as per feasibility · May seek review from a higher centre

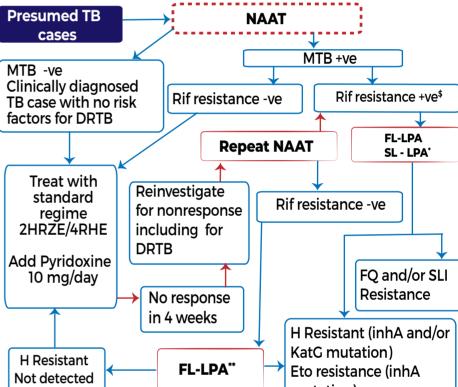
Look for significantly enlarged peripheral LN &

MTB

+ve

- MTB -ve or if repeat test not feasible
- investigations as per further
- investigations
- Straw colored, exudative effusion
- No alternative diagnosis treat as clinically diagnosed probable TB case

# PEDIATRIC TB FURTHER WORK-UP ALGORITHM UNDER U-DST



\$RR detected in new case with no risk factors for DRTB needs retesting if only MTB detected is very low as it makes Rif resistance detection less reliable \*SLLPA may be done directly if smear +ve else send for MGIT followed by

SLLPA or LC DST (Mfx 2.0, Km, Cm, Lzd)
\*\*LPA may be done directly if smear +ve else send for MGIT followed by FLPA to evaluate for H (inhA and/ or KatG mutn) and Eto (inhA) resistance

TYPE OF PATIENTS	TB TREATMENT REGIMENS
Microbiologically confirmed RS Pulmonary TB	
Clinically diagnosed Pulmonary TB	2HRZE + 4HRE
Drug sensitive previously treated TB (recurrent, failure, treatment after default)	

\*DR TB algorithm-DST

7-15 mg/kg (maximum dose 300mg/day) ISONIAZID (H) 10-20 mg/kg (maximum dose 600mg/day) RIFAMPICIN (R) **PYRAZINAMIDE (Z)** 30-40 mg/kg (maximum 2000mg/day) ETHAMBUTOL (E) 15-25 mg/kg (maximum 1500mg/day)

Intensive phase Continuation phase **WEIGHT BAND** Ε Ε HRZ HR 100 50/75/15 50/75 100 1 1 1 4-7 kg 1 2 2 2 2 8-11 kg 3 3 3 3 12-15 kg 4 4 4 4 16-24 kg 3 3 25-29 kg 3 + 1A\*3 + 1A\*2 30-39 kg  $2 + 2A^*$ 2  $2 + 2A^*$ 

\*A=Adult FDC (HRZE = 75/150/400/275; HRE = 75/150/275)

Number of tablets (dispersible FDCs)

- Consider steroids in miliary TB with hypoxia, Endobronchial TB massive bilateral effusion with distress
- Prednisone dose 2 mg/kg daily or Dexamethasone 0.6 mg/kg/day for 4 weeks
- Reduce dose gradually over next 4 weeks before stopping
- Pyridoxine 10 mg/day for 6 months
- Nutritional support

MANAGING TREATMENT INTERRUPTIONS (NON-ADHERENCE)

· In case interruption happens in CP & on retrieval, the patient has

Resons for interruption should always be evaluated & addressed

no clinical evidence of active disease & tests for DRTB are

in all cases (Address myths/fear or any intolerance)

negative, the remaining treatment course to be completed

Treat co-morbid conditions: HIV, SAM

Interruption over 4 weeks

Reinvestigate for DRTB

Rif resistance detected

Treat as MDRTB

#### When to assess

- **MONITORING**
- Within 2 weeks of starting therapy for checking that-correct dose, combination of drugs is being taken, adherence and tolerance to drugs
- Then every month till completion of treatment

ADA: Adenosine Deaminase

Amplification test

**BAL**: Broncho-alveolar lavage

**CECT**: Contrast enhanced CT

**CP**: Continuation phase CT: Computed tomography

**CBNAAT**: Cartidge-based Nucleic Acid

- What to assess Appropriateness of therapy:
- Correct combination, acceptance/tolerance · Counsel about need to complete & not miss on doses (Inform, if doses are missed)
- Response to therapy: · Clinical (symptoms, adverse effects, weight, dose revision)
- · X-ray at end of therapy
- Do X-ray for worsening at any time OR slow resolution OR persistent symptoms at end of IP NAAT is not appropriate follow up tool for monitoring progress of disease
- · Smear examination at end of treatment (to declare outcome)

**DRTB**: Drug resistant TB

**DST**: Drug sensitivity test

ETO: Ethionamide

**EPTB**: Extra-pulmonary TB

FDC: Fixed dose combination

FL-LPA: First line - Line probe assay

- · Repeat microbiological test (smear, MGIT, NAAT) at end of IP & at end of therapy, if still symptomatic or any deterioration/failure to respond
- After treatment completion: follow up patients clinically at end of 6, 12, 18 & 24 months

#### **ABBREVIATIONS**

- FQ: Fluoroquinolones **GA**: Gastric aspirate
- H: Isoniazid
- HIV: Human Immunodeficiency virus
- HRZE: Isoniazid; Rifampicin; Pyrazinamide; Ethambutol IGRA: Interferon Gamma Release assay
- **IS**: Induced sputum **LN**: Lymph node **MAC**: Mid Arm Circumference

Interruption up to 4 weeks

Resume therapy

(Restart if missed within 1st 4 weeks)

Rif resistance not detected

Retreat with 1st line drugs and

Check for INH resistance and treat

- MTB: Mycobacterium Tuberculosis **NAAT**: Nucleic acid amplification test **PPD**: Purified Protein Derivative
- **SAM**: Severe acute malnutrition **SLI:** Second line injectables SL-LPA: Second line - Line probe assay TST: Tuberculin skin test **USG**: Ultrasonography
- **ZN**: Ziehl Neelson

#### REFERENCES

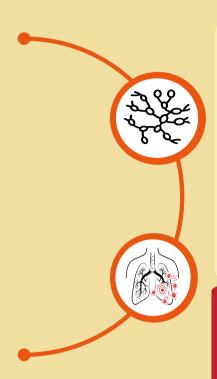
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## Standard Treatment Workflow (STW) for the Management of PAEDIATRIC LYMPH NODE TUBERCULOSIS

ICD-10-A18.2



#### WHEN TO SUSPECT?

- Persistent enlargement of lymph node for >2 weeks in one or more areas in cervical/axillary /inguinal regions
  - > Size > 2 cm or matted lymph nodes ± chronic sinus
- With/without associated systemic symptoms: fever, cough, poor appetite, weight loss
- With no evidence of recent scalp/skin lesions of draining area
- Cold abscess / chronically discharging sinus over neck, axilla, or groin

TB is unlikely if: the lymphnodes are small (< 2 cm) AND are persisting for a long time (months to years) without any systemic symptoms

#### **INVESTIGATIONS**

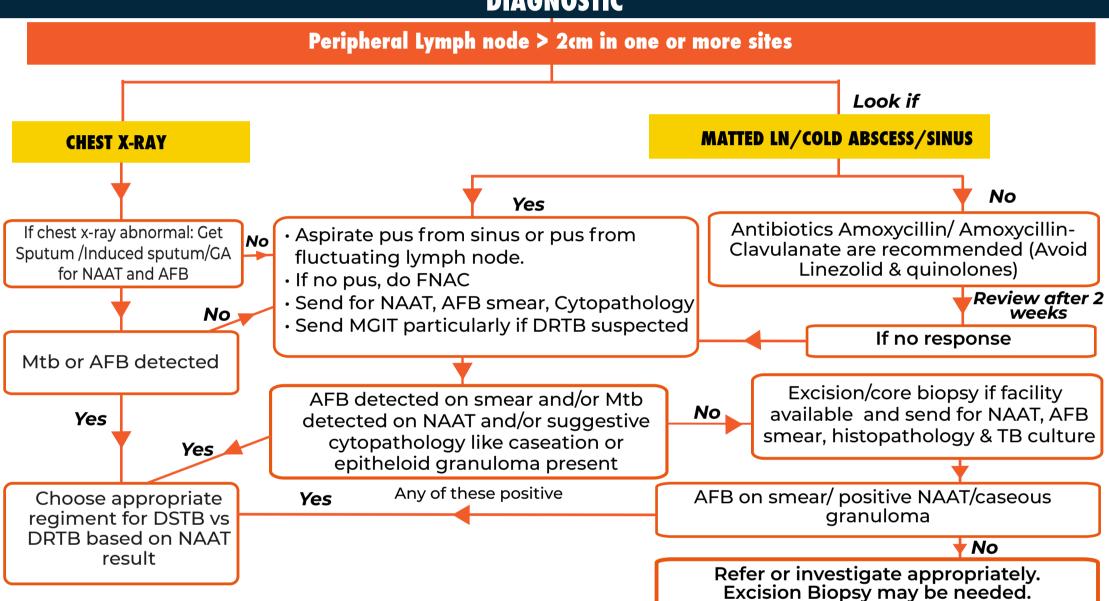
#### **Essential**

- Lymphnode aspirate:
  - > Send for NAAT (also MGIT culture, particularly if the patient is at risk of DRTB)
- > Smear for AFB

#### **Desirable**

- · Lymphnode cytopathology (If NAAT and smear negative)
- Lymphnode Biopsy (Core/Excision)
- Chest X-ray should particularly be done if FNAC not possible
- Hemogram with peripheral smear
- Cytopathology

#### **DIAGNOSTIC**



#### TREATMENT AND MANAGEMENT

#### TREATMENT AND RESPONSE

- Treatment should be started and follow-up should be conducted as per NTEP guidelines
- Treat with 2 HRZE + 4 HRE (standard doses) if new case & RIfampicin resistance not detected or not known
- If retreatment case or any other risk factor for DRTB, detailed & swift investigations for DRTB are advised before starting
- Disappearance of constitutional symptoms with decrement or no increment in lymph node size suggests response to
- Increment in lymph node size with disappearance of constitutional symptoms may suggest paradoxical reaction, provided drug resistance has been ruled out
- Increment in lymph node size without disappearance of constitutional symptoms suggests drug resistant TB/alternate cause
- Do not treat for TB based on only positive mantoux test or FNAC suggestive of reactive lymph node with negative NAAT/AFB on smear
  - Children with disappearance of constitutional symptoms with no increase in lymphnode size at the end of 6 months therapy, can be kept on follow-up with no extension of therapy

#### WHEN TO REFER TO AN EXPERT?

- Diagnosis is not established with FNAC/NAAT
- Surgical facility is not available to do excision or core biopsy
- · DR is suspected due to any reason including non-response and the facility for DRTB testing are not available
- If there is any pointer towards possible malignancy e.g. skin or mucosal bleed or significant pallor or generalised adenopathy irrespective of the size or associated hepato-splenomegaly

#### **BCG LYMPHADENITIS**

- Age is usually < 2 years</li>
- Axillary and or supraclavicular lymphnode on the same side as BCG vaccination (usually given on the left)
- No systemic symptoms in immunocompetent children
- · Treatment:
  - · Wait and watch if small
  - · If large and suppurative, repeated aspiration or rarely incision and drainage is required

\*NAAT or AFB smear positivity can not differentiate between **BCG and MTB** 

#### **ABBREVIATIONS**

AFB: Acid fast bacillus **BCG: Bacille Calmette Guerin vaccine DR**: Drug resistant

FNAC: Fine needle aspiration cytology

HRZE: Isoniazid; Rifampicin; Pyrazinamide; Ethambutol

MGIT: Mycobacteria Growth Indicator Tube

NAAT: Nucleic acid amplification test **NTEP:** National TB Elimination Programmet **TB**: Tuberculosis

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WHEN TO SUSPECT





#### Standard Treatment Workflow (STW) for the Management of PAEDIATRIC OSTEOARTICULAR TUBERCULOSIS

ICD-10-18.0

#### **POTT'S SPINE** (COMMONEST, 50% OF OSTEOARTICULAR TB)

- Insidious onset back pain for >6 weeks (Commonest thoracic > lumbar >cervical)
- Localized/Referred root pain
- TB Symptoms: Fever/anorexia/weight loss
- · CNS complications like Paraparesis (20-50%), cauda equina syndrome, paraspinal muscle wasting, severe pain
- Examination: Local tenderness/Gibbus-Neurological abnormality like exaggerated DTRs or deficit may be present

#### **ESSENTIAL**

- · X-ray Spine
- → In early stage X-ray may be normal
- > May show end plate erosions, joint space narrowing/collapse, decreased vertebral height, paravertebral soft tissue shadow
- MRI Spine preferred, if not feasible do CT
- › Marrow edema
- > Destruction of intervertebral disc. adjacent vertebral bodies & opposing end plates
- > Pre/para vertebral or epidural abscess
- · Sputum/GA for NAAT, MGIT/LJ (if CXR abnormal)
- FNAC (if peripheral lymphnodes enlarged) for Cytology, NAAT & MGIT/LJ

#### **DESIRABLE**

**BOX A: Risk factors for TB** 

Contact history with TB case

Immunocompromised

· HIV

 Image guided (USG/CT) aspiration of abscess (if feasible) for NAAT & MGIT/LJ.

#### **DACTYLITIS (SHORT BONES)**

- Swelling of short tubular bones of hands & feet (Proximal phalanx or metacarpals of index/middle/ring fingers are commonly affected)
- In children multiple or consecutive bones are involved, compared to a single bone in adults
- May present without pyrexia or signs of inflammation

## (LARGE JOINTS-HIP/KNEE COMMONEST)

Insidious onset joint pain, swelling

**ARTHRITIS** 

- Monoarticular arthritis
- Commonly associated with pulmonary or lymph node TB

#### **ESSENTIAL**

- · Plain X-ray of involved parts
- › Diaphyseal expansile lesion
- > Periosteal reaction is uncommon
- › Healing is by sclerosis (usually aradual)
- · X-ray film of chest
- → Sputum/GA for NAAT & MGIT/LJ, if CXR abnormal
- FNAC (if peripheral lymphnodes enlarged) for Cytology, NAAT & MGIT/LJ

#### **DESIRABLE**

 Image guided (USG/CT) aspirate from involved bones for NAAT & MGIT/LJ.

#### **ESSENTIAL**

- · X-ray of the invovived joint(s): A triad of X-ray abnormalities (Phemister's triad) may be seen
  - > Peri-articular osteoporosis
  - > Peripherally located osseous erosion
  - Gradual joint space narrowing
- Early stage synovitis & arthritis imaging may show wide joint space due to effusion
- · Bony ankylosis development is rare in TB arthritis in contrast to Pyogenic arthritis
- USG/ MRI of joint
- · X-ray film of chest
- GA/Sputum for CBNAAT, MGIT(if CXR abnormal)
- FNAC (if peripheral lymphnodes enlarged) for Cytology, NAAT & MGIT/LJ

#### **DESIRABLE**

· Image guided (USG/CT) aspirate from joint fluid for NAAT & MGIT/LJ.

#### **DIAGNOSTIC ALGORITHM**

#### BOX B: Clinical manifestation of Spinal TB (STB) /TB arthritis (TBA)

- Insidious onset back pain for >6 weeks (STB)
- Spine deformity/Kyphoscoliosis/Gibbus/Paraplegia/Sensory loss/Autonomic dysfunction (STB)
- Insidious onset pain and swelling in joints for >6 weeks (TBA)
- TB Symptoms: Persistent Fever, Anorexia, Weight loss (>5% in last 3 months)

Suspect if symptoms of STB/TBA present with/without constitutional symptoms of TB (Box B) and/or risk factors of TB

- X-ray of Spine (AP/Lateral): May show end plate erosions, narrow /collapsed joint space, reduced vertebral height, paravertebral soft tissue shadow. Early stage X-ray may be normal
- X-ray joints (AP/Lateral): Erosions, sclerosis, calcification or narrow joint space
- USG abdomen for Iliopsoas Abscess
- USG joints for joint effusion and diagnostic aspiration
- Chest X-ray, ESR, blood sugar, HIV

- MRI Spine(100% sensitive): indicated in all cases: may show
  - > Marrow edema
  - > Destruction of intervertebral disc, adjacent vertebral bodies & opposing end plates
  - Prevertebral, paravertebral and/or epidural abscesses
- MRI Joints: Synovial proliferation with periarticular picture s/o TBA

#### · Radiological findings s/o osteoarticular TB and/or TB at additional site- can be labeled as clinically diagnosed Osteoarticular TB

· Refer patients to higher centre for biopsy (Percutaneous CT-guided biopsy-preferred or open biopsy) of lesion for cytopathology/ biopsy to confirm diagnosis & DST and to rule out other diseases. (Laboratory confirmed osteoarticular TB) (Risks and benefits of obtaining a biopsy must be considered)

#### MANAGEMENT

#### TREATMENT & MONTORING

- Start treatment for microbiologically /Lab confirmed TB and probable TB
- Regimen: 2HRZE + 10HRE (Standard doses) + Pyridoxine 10 mg/day
- · Follow up every month during treatment & subsequently every 3 months: Pott's spine with X-ray or MRI & Tubercular dactylitis or arthritis with plain X-ray
- Monitor on each visit :

**AFB**: Acid fast bacillus

**DR**: Drug Resistant TB

**CT**: Computed Tomography

AP: Antero-Posterior

CXR: Chest X-ray

- a. Symptomatic improvement, weight gain, side effects of medicines
- b. Microbiology: sputum/GA if CXR abnormal at end of IP. Site samples like aspiration of pus from lesions including psoas abscess (if worsening of symptoms/poor response)
- Imaging: MRI/CT/X ray of affected parts: at end of treatment or early if worsening

#### **Surgical Indications in Potts Spine**

- Progressive neurological deficit
- · Paraplegia of recent onset or severe paraplegia
- Persistent pain with spinal instability
- Spinal deformity-severe kyphotic deformity at presentation, or in children (<10 years of age) at high risk of progression of kyphosis with growth after healing of disease

**DST**: Drug Sensitivity Test

**GA**: Gastric Aspirate

ESR: Erythrocyte Sedimentation Rate

**FNAC**: Fine Needle Aspiration Cytology

HIV: Human Immunodeficiency Virus

#### WHEN TO REFER

- Suspected osteoarticular disease if essential investigations are not available
- · Diagnosis (microbiological or probable) not established by investigations
- Surgery needed: imaging suggest compressive myelopathy, motor deficits
- No improvement with appropriate treatment
  - Confirm microbiologically in all cases, if possible, before ATT

#### OTHER INFORMATION

DR TB: diagnosed or high suspiscion

- In case of synovial fluid or cold abscess aspiration (against gravity), send samples for confirmation of TB in following 3 ways
  - Two dry slide for demonstration of AFB (ZN staining)
  - Two samples in formalin for histopathological examination Two samples in saline for culture followed by DST and/or NAAT
- Confirmed cases to undergo HIV/blood sugar testing/parent counselling \*MGIT/LJ (if MGIT not available)

HRZE: Isoniazid; Rifampicin; Pyrazinamide; Ethambutol IP: Intensive Phase

LJ: Lowenstein Jensen

MGIT: Mycobacteria Growth Indicator Tube **MRI**: Magnetic Resonance Imaging

**NAAT**: Nucleic Acid Amplification Test s/o: Suggestive of **STB**: Spinal TB **TBA**: TB Arthritis **USG**: Ultrasonography **ZN**: Ziehl Neelson

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- based on expert opinions and available scientific evidence. There may be variations in the management of an individual patient based on his/her specific condition, as decided by the treating physician. There will be no indemnity for direct or indirect consequences. Kindly visit our web portal (stw.icmr.org.in) for more information. © Indian Council of Medical Research and Department of Health Research, Ministry of Health & Family Welfare, Government of India.





#### Standard Treatment Workflow (STW) for the Management of

#### **PAEDIATRIC TUBERCULAR MENINGITIS**

ICD-10-A17.0

#### WHEN TO SUSPECT?

- Fever with one or more of the following
- → Headache
- → Vomiting
- → Seizures
- > Irritability/Lethargy/ **Drowsiness**
- Loss of function e.g. recent onset deviation of eyes/mouth and/or weakness of arm/leg and/or altered mentation
- Malaise, Anorexia, Weight loss
- Symptoms are usually of 5 to 7 days duration with insidious onset, particularly with history of exposure to infectious TB in past 2 vears

#### **EXAMINATION**

- Assessment of sensorium\*
- Full/bulging anterior fontanelle
- Meningeal irritation-Neck stiffness, Kernig's sign & Brudzinski's sign
- Examine eye, if feasible for papillodema/ choroid tubercles/optic atrophy
- · Cranial nerves
- Motor system including power, reflexes plantar responses
- Peripheral lymph nodes
- Chest examination for signs of pulmonary involvement

\*Use any standardized scale including Glasgow Coma scale/ AVPU scale

#### **Essential**

- · CBC
- CSF examination
  - Cell count and differential
  - > Sugar (with simultaneous blood sugar)

  - → NAAT\*
  - → MGIT culture
  - → Bacterial culture
- · HIV
- · Contrast enhanced CT scan of head
- Gastric lavage/ Induced sputum in patients where CXR is abnormal and CSF NAAT is negative

\*ICMR/NTEP approved NAAT test, use 3-5 ml CSF if possible

#### **Desirable**

 MRI brain with contrast when **CECT** head is not contributory

#### **Optional**

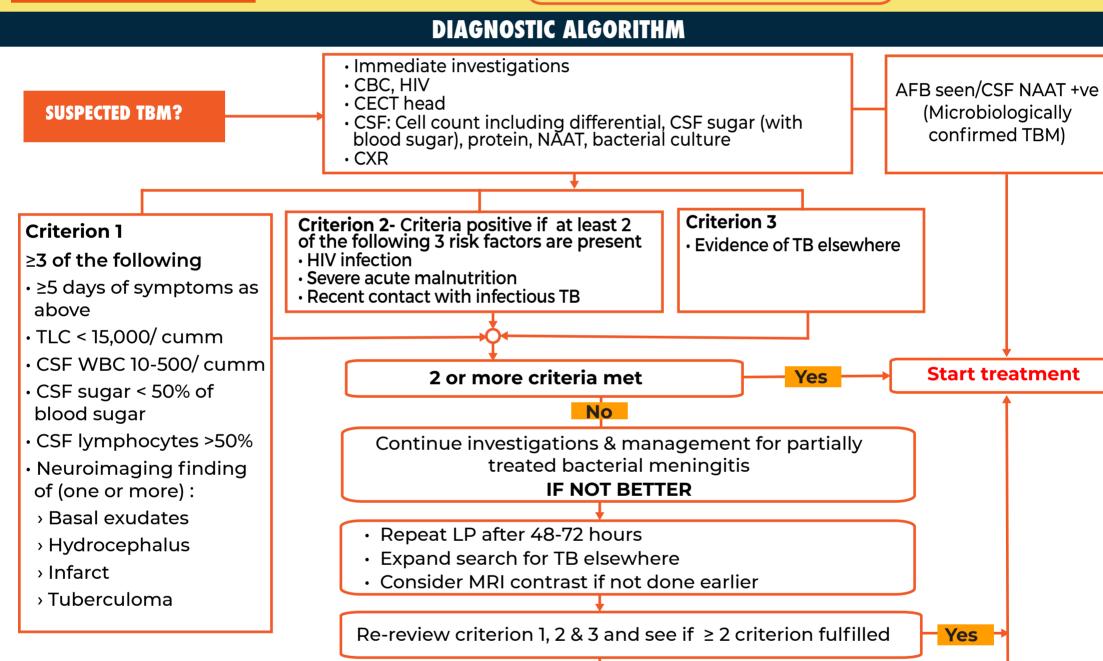
- · CSF cryptococcal antigen
- Contrast CT chest/abdomen to look for extracranial sites of infection

#### **INVESTIGATIONS**



#### **CECT showing**

- Hydrocephalus (ventricular dilatation)
- Thick basal exudates
- Tuberculoma



#### **TREATMENT**

No

- Treatment should be started & follow-up to be done as per NTEP guidelines
- · Anti TB drug regimen

Continue

evaluation

- 2 HRZE and 10 HRE (in appropriate doses)
- › Pyridoxine 10 mg/day
- Corticosteroids
- > Prednisolone 2 mg/kg/day for 4 weeks & then taper over 4 weeks\*
- Slower taper needed in some patients

\*Equivalent dose of another steroid formulation may be used either injectable/oral

- Other supportive therapy
  - Care of unconscious child
  - Nasogastric feeding, if indicated

No

• Does patient have falling CSF glucose/dropping sensorium?

- Anti edema measures (mannitol/ hypertonic saline/glycerol/ acetazolamide)
- Anticonvulsants, if seizures
- Surgical therapy, if indicated

  - > External ventricular drain
  - → VP shunt

Have new focal deficit?

· Cases should be managed at least at a district hospital

Yes

- Early referral to Medical College/ higher centre to be considered if
- Unresponsive child/rapid deterioration indicating need for intensive care
- No diagnosis after initial evaluation
- Surgical treatment needed
- MDR TB meningitis
- No improvement/deterioration after 2-4 weeks of treatment
- Need for ICU care

#### ABBREVIATIONS

AFB: Acid-fast Bacillus **CBC: Complete Blood Count CECT: Contrast Enhanced Computed Tomography** CSF: Cerebro-spinal Fluid CT: Computed Tomography

CXR: Chest X-ray HIV: Human Immunodeficiency Virus HRZE: Isoniazid; Rifampicin; Pyrazinamide; Ethambutol **ICU: Intensive Care Unit** LP: Lumbar Puncture

MDR: Multi-drug Resistant MGIT: Mycobacteria Growth Indicator Tube MRI: Magnetic Resonance Imaging **NAAT: Nucleic Acid Amplification Test** NTEP: National TB Elimination Programme

TB: Tuberculosis **TBM: Tubercular Meningitis** TLC: Total Leucocyte Count VP: Ventriculo-peritoneal WBC: White Blood Cells

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# STANDARD TREATMENT WORKFLOWS of India



SPECIAL EDITION ON PAEDIATRIC AND EXTRAPULMONARY TUBERCULOSIS 2022

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