Seba Gargnath Men, war in a harby 110 and

Trumes 91 11-26765959 2610704 1 20188085 2610775 Fax 91-11-2610:623 E that inferiority on.

Web Site www.rithfiwora

Zenia (2012) 27 (21-11-26)(6-6) 2616(64) 26188485, 26187773 1 - 1-2610 1623 \$ First info@nilstw.ore as ares www.nihfw.org

DG 10 MD ST II S Diary No MUS P Date: 2/9 1 2016

Rajni Bagga Prof & HOD, Deptt. Of Management Sciences rainibagga@hotmail.com

NIHFW/MS/Counselling-trg./16 Dated 25th August, 2016

To The Director General Indian Council of Medical Research, Ansari Nagar East, New Delhi -110025

Subject:- Training-Cum-Workshop on Counseling Skills for Health Professionals from 7th -11th November, 2016.

Dear Sir/Madam,

National Institute of Health and Family Welfare, which is an apex technical institute financed by the Ministry of Health and Family Welfare, aims at promoting health and family welfare programmes in the country through education training. research, evaluation, specialized services, consultancy and advisory services. To promote quality of health care in our health care institutions, it has been increasingly emphasized that counseling skills training should be a necessary part of the training of all health professionals. The need of the hour is to provide training to medical and nursing professionals in counseling skills to improve their attitudes and approaches in service delivery and helping/supporting the patients/clients.

To fulfill this need, this institute has been organizing one week training-cum -workshop on counseling skills for health professionals. The forthcoming course to be held from 7th -11th November, 2016 is aimed at enabling the health professionals to develop counseling skills in order to promote quality of health care as well as support and assist the clients to find suitable solutions to health related problems. For course details, please see the course brochure containing its objectives, broad contents, methodology etc at the Institute's website: http://nihfw.org/Activities/ Training.html. A brief on the course is also attached herewith for your kind perusal.

You are requested to nominate one or two medical/nursing professionals from medical colleges and govt. /analogous hospitals; and medical/ nursing faculty from state and regional institutions of health and family welfare. Kindly ensure, that the nominees have minimum of 8-10 years of services left till the retirement. The nominations may kindly be forwarded to the undersigned latest by 25th October, 2016. It may kindly be noted that the nominees would be admitted, to the course, only after they have received acceptance letters from the course coordinator.

NIHFW is charging course fee of Rs. 5000/-only per candidate and this will have to be paid by the nominating authority/participant. The TA/DA expenditure will also have to be borne by the respective state/organizations. Decent hostel accommodation on payment basis would be provided to the participants only, within the Institute's campus. Request for accommodation for relatives and friends of participants will not be entertained.

We would appreciate if you can take an early action in this regard.

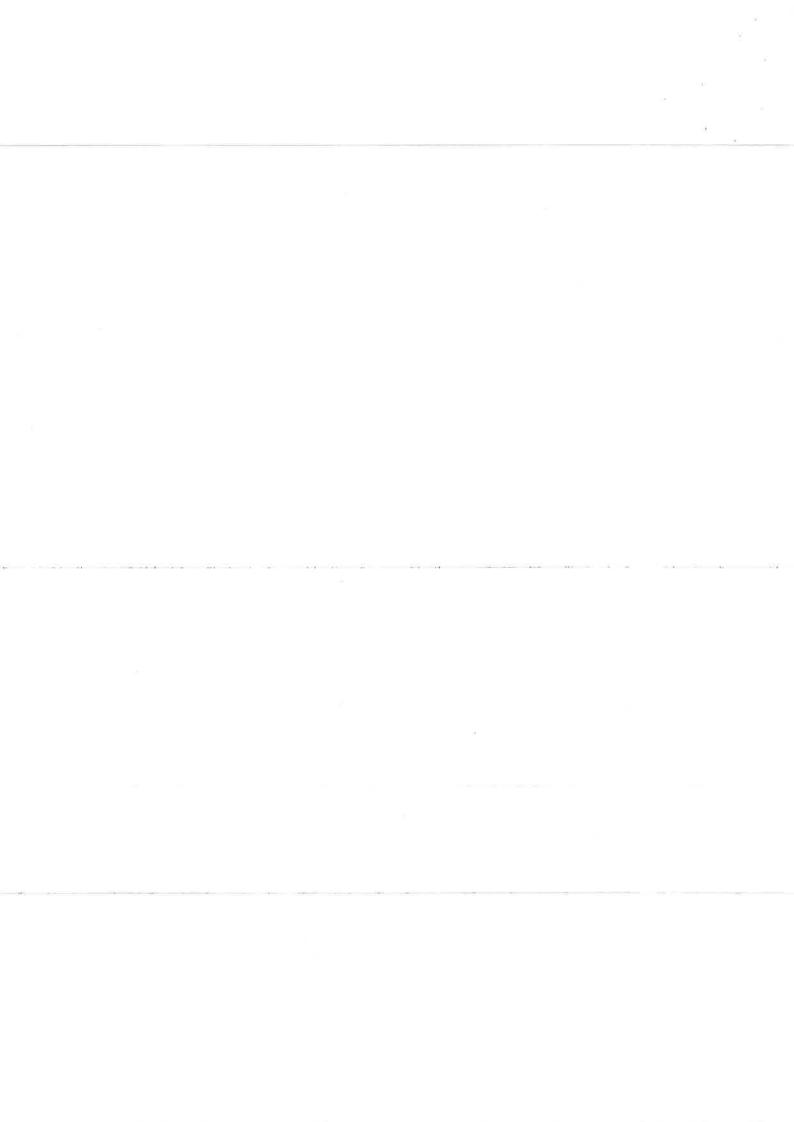
Notice Board
Notice Board

Notice Board

Test Director Tost Com With regards,

भारतीय याद्यां भान अनुसंधान परिषद MDIAN COUNCIL OF MEDICAL RESEARCH V. RAMALINGESWAM BHAWAN अंसारी नगर, नई दिल्ली—110029 Ansari Nagar, New Delhi -110029

(Rajni Bagga)



Course Coordinating Team

Course Coordinator

Prof. Rajni Bagga

Course Co-coordinator

Prof. V.K.Tiwari

Course Associate

Mrs. Vaishali Jaiswal Mr Sherin Raj

Duration 5 days (7th-11th November, 2016)

"One cool judgment is worth a thousand hasty counsels. The thing to do is to supply light and not heat."

Nature and Number of Participants

One or two from each state or organization to be nominated (and total 20-25 participants would be recruited).

- Medical and Nursing Professionals from medical colleges and govt. /analogous hospitals.
- Medical and Nursing faculty from state and regional institutions of health and family wellare.

Accommodation

Moderate hostel accommodation on payment basis would be provided, to the participants only, within the Institute's campus.

Last date for sending nomination 25th October, 2016

Venne

Teaching Block, National Institute of Health and Family Welfare, Munirka, New Delhi-110067.

Course Fee

Rs. 5,000/- per participants will be charged as course fee. The TA/DA expenditure of the participants will be borne by the respective States/Organizations.

For details please see the brochure at this link: http://nihfw.org/Activities/Training.html

Specific Objectives

At the end of the training course the participants should be able to:

- Discuss the importance of counselling skills to promote quality of health eare:
- · Explain the types of counselling and their appropriate use in health care issues;
- Explain the process of counseling and the appropriate use of its steps in health care issues;
- Demonstrate the use of the effective counselling skills for health care issues, particularly such as Reproductive and Child Health programmes including FW services. Adolescent Health, HIV/AIDS etc.:
- Learn to practice Yoga to release burnout and work stress in order to quality of health care services
- Develop an action plan for the use of counseling skills for promoting quality of health care in their respective places of work.

Course Contents

- 1. Promoting Self-understanding and Building Positive Attitude;
- 2. Building Emotional Intelligence;
- 3. Importance of counseling for promoting quality of health care services
- 4. Types of counseling
- 5. Myths about counseling
- 6. Do's and Don'ts of counseling
- 7. Steps and process of counseling
- 8. Key skills in counseling
- 9. Managing Feelings and Emotions of Clients
- 10. Importance of Counseling under NRHM
- 11. Counseling for Sex and Sexuality issues for adolescents
- 12. Counseling the sick and their family members
- 13. Application of counseling for HIV/AIDS

Course Methodology

This particular skill oriented training cum workshop is based on participatory process with course coordinators playing the role of true facilitators. This learner centered approach adopted by facilitators includes activities designed as interactive and experiential with the resulting emphasis on learning by doing by employing the following methods:

- i. Role play, case study
- ii. Exercise/Games
- iii. Micro Teaching
- iv. Group discussion

For details, please see the brochure at this link: http://nibfw.org/Acfivities/Training.html